

**NORTH CAROLINA MASTERS REGATTA**  
**ORIENTAL DINGHY CLUB - ORIENTAL LASER FLEET**  
**2010 SAILING INSTRUCTIONS**

1. RULES: The races will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.1 Racing rule 40 will be changed as follows: Life jackets must be worn while racing. The race committee signal boat will not fly the Y flag or sound any signals.
2. NOTICES TO COMPETITORS: Notices to competitors will be posted at the official picnic table and at the Saturday night dinner
3. CHANGES TO SAILING INSTRUCTIONS  
Any change to the sailing instructions will be posted just after the skippers meeting on Saturday and by 0900 Sunday.
4. SIGNALS MADE ASHORE: A horn signal followed by a verbal announcement will be made at the launching area if racing is postponed.
5. SCHEDULE OF RACES: Saturday: First warning signal at 1100. Sunday: First warning signal at 0900, there will be no warning after 1330. As many races will be sailed as time and conditions allow.
6. CLASS FLAG  
The class flag will be the Laser Class flag.
7. RACING AREAS  
The racing area will be on the Neuse River off the town of Oriental
8. THE COURSES  
The courses will be OLYMPIC (Triangle-W-L-W), with about a 60 degree inside angle between reaches, designated by the letter "O" on the signal boat, or, WINDWARD LEEWARD, 5 legs, or 3 legs, leave marks to port, designated by the letter "W5" or "W3". Courses may be shortened at the discretion of the race committee.
9. MARKS  
The marks will be orange or yellow tetrahedrons. There may be a windward offset mark (disregard on reaching legs).
10. THE START  
The starting line will be between a staff displaying an orange flag on the race committee signal boat and the LEEWARD mark.
11. CHANGE OF THE NEXT LEG OF THE COURSE  
Racing rule 33 will be changed as follows: The race committee may change a leg of the course that begins at a rounding mark by changing the position of the next mark (or the finishing line) without signaling and before any boat has begun the leg. Expect to go upwind and downwind (except for reaching legs).
12. FINISH  
The finish will be between a staff displaying an orange flag on a race committee boat and the WINDWARD mark.
13. TIME LIMIT  
The time limit is one hour thirty minutes for the 1<sup>st</sup> boat to finish.
14. PROTESTS AND REQUESTS FOR REDRESS  
Protesters must report intent to the finishing race committee signal boat after that race and file a protest form at the official picnic table within 30 minutes of shore sound signal. The race committee highly recommends on-water exoneration for rule violations!
12. SCORING: Rule A2, Low point system, with Masters handicaps. There will be one throw-out with five or more races. One race shall constitute a series. No separate radial scores.
13. CHECK IN/OUT: Check in with the race committee signal boat before each days racing and let the race committee know if you leave the course area before the racing is finished.
14. RIGS: You may choose either a full or radial rig for each days racing.